



## NEEDED ITEMS

### **Non-perishable Food Items**

#### **Canned Proteins**

Tuna, Salmon, Chicken, Peanut Butter

#### **Canned Fruits in Own Juices or Light Syrup**

Pineapples, Peaches, Pears, Mandarin Oranges

#### **100% Fruit Juices**

All sizes including juice boxes

#### **Grains**

Pasta, Whole Wheat Pasta, Macaroni and Cheese  
Rice, Brown Rice,  
Bags of Beans: Black, Pink, Kidney, etc.

#### **Low Sodium/ No Salt Added Canned Vegetables**

Mixed, Green Beans, Corn

#### **Soups**

Beef Stew, Chili, Chicken noodle

#### **Cereal**

Cheerios, Corn Flakes, Grape-Nuts, Raisin Bran